



## **MARCH 2019**

JACKSON SCHOOL DISTRICT HIGH SCHOOL LUNCH MENU

"THIS INSTITUTION IS AN EQUAL



## ALL LUNCHES INCLUDE THE FOLLOWING MILK CHOICES:

1% WHITE MILK FAT FREE STRAWBERRY MILK
FAT FREE CHOCOLATE SKIM MILK

	_ "	THIS INSTITUTION IS AN EQ		ASSORTED FRESH FRUITS
		OPPORTUNITY PROVIDER		AVAILABLE DAILY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Food Service departme		s for substitute cafeteria workers Learn"	s. "Earn while your children	1-Mar
Apply on line at http://www.jacksonsd.org/Page/7407				"YOUR WAY" PASTA BAR W/
Did b	Did you know that if you qualify for free/reduced lunch you also qualify for free/reduced breakfast (at participating			
Did you know that if you q		i you aiso quality for free/reduce chools)	ed breakfast (at participating	THREE SAUCES
				WHOLE GRAIN
Please		your student's cafeteria account below their picture)	balance	GARLIC BREAD
	•	payforit.net		
	This organization is an	equal opportunity employer		SEASONED VEGETABLES
Δvailahle	Daily: Romaine Lettu			VEGETABLES
4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
4-1-101	J-Mai	O-Mai	7-1-101	"YOUR WAY"
POPCORN CHICKEN	"YOUR WAY"	STUFFED SHELLS W/	"YOUR WAY"	PASTA BAR W/
BAR	BREAKFAST BAR	MARINARA SAUCE	SALAD BAR	THREE SAUCES
			WG DINNER ROLL	
MASHED POTATOES	PANCAKES, COLBY	TOSSED SALAD		WHOLE GRAIN
w/ GRAVEY	OMELET, HASH BROWN STICKS	I USSED SALAD	SALAD BAR INCLUDES:	GARLIC BREAD
			SALAD MIX, TOMATOES, CUCUMBERS, DICED ONIONS,	
STEAMED CORN	TURKEY SAUSAGE	GARLIC BREADSTICK	PEPPERS, GARBONZO BEANS, KIDNEY BEANS, CELERY,	SEASONED
0			CARROTS, HAM, TURKEY, CHEESE	VEGETABLES
	100% FRUIT JUICE		CHEESE	
Available Daily: As	sorted meats, cheeses &	& salads; whole grain bread	d, wraps rolls; shreaded	lettuce, tomatoes
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
"YOUR WAY"	"YOUR WAY"	GENERAL TSO's	"YOUR WAY"	"YOUR WAY"
CHICKEN FAJITA BAR	HOT DOG BAR	CHICKEN	NACHO BAR	PASTA BAR W/
				THREE SAUCES
<b>WHOLE GRAIN</b>	PEPPERS, ONIONS,	STEAMED BROCCOLI	SALSA, SOUR CREAM,	WHOLE GRAIN
TORTILLA	CHEESE	O'LAMED DROCCE!	CHEDDAR CHEESE	GARLIC BREAD
				2742247
PEPPERS & ONIONS, SALSA, SOUR CREAM	VEGETARIAN BEANS	BROWN RICE	REFRIED BEANS	SEASONED VEGETABLES
GALGA, GOOR ORLAM				VEGETABLES
	Available Dai	ly: Cheese Pizza on Who	le Wheat Crust	
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
CHICKEN PARMESAN	Welle Will	"YOUR WAY"	Wells W-15	"YOUR WAY"
SANDWICH ON WG	"YOUR WAY" BREAKFAST BAR	TACO BAR CHOICE OF BEEF OR	"YOUR WAY" SALAD BAR	PASTA BAR W/
ROLL	BREAKFAST BAK	CHICKEN	SALAD DAK	THREE SAUCES
	PANCAKES, COLBY	,	WG DINNER ROLL	
OVEN BAKED	OMELET, HASH	LETTUCE, TOMATO,		WHOLE GRAIN
POTATO WEDGES	BROWN STICKS	SALSA, CHEESE	SALAD BAR INCLUDES: SALAD MIX, TOMATOES,	GARLIC BREAD
		RICE W/ BLACK	CUCUMBERS, DICED ONIONS, PEPPERS, GARBONZO BEANS,	SEASONED
	TURKEY SAUSAGE	BEANS	KIDNEY BEANS, CELERY,	VEGETABLES
	4000/ 50115 11105		CARROTS, HAM, TURKEY, CHEESE	
	100% FRUIT JUICE			
25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
"YOUR WAY"	MEATBALL PARMESAN ON WG	"YOUR WAY"	"YOUR WAY"	"YOUR WAY" PASTA BAR W/
CHEESE STEAK BAR	ROLL	LO MEIN BAR	NACHO BAR	THREE SAUCES
DEDDEDE ANIANO	SEASONED POTATO	CHOICE OF	SALSA, SOUR CREAM,	WHOLE GRAIN
PEPPERS, ONIONS,	I JERJURED PUIAIU		GALGA, SUUR UREAM,	micle Grain
LETTUCE, TUMATU	WEDGES	VEGETABLE OR	CHEDDAR CHEESE	GARLIC BREAD
LETTUCE, TOMATO		CHICKEN LO MEIN	CHEDDAR CHEESE	
OVEN BAKED CURLEY FRIES	WEDGES STEAMED MIXED VEGERTABLES		CHEDDAR CHEESE  MEXICAN RICE	GARLIC BREAD  SEASONED  VEGETABLES